



# IBS DAYS

*New insights for a better management of irritable bowel syndrome*

**June 20 - 22, 2022**

Palazzo Re Enzo - Bologna, Italy

[ibsdays2022.it](https://ibsdays2022.it)

*Dear Colleagues,*

*I am delighted to welcome you to the third edition of **IBS DAYS 2022**.*

*With this meeting, we would like to provide current views and a look to the future on the rapidly advancing field of IBS. We have prepared an exciting program including epidemiology, the role of genetic factors, diet, microbiota, inflammation and infection, diagnosis and biomarkers, as well as current and future therapeutic approaches. The format is based on State of the Art Lectures which will be presented by a distinguished Faculty. For this edition we have some exciting novelties, including the presentation of original submitted abstracts which will be presented in ad hoc oral and poster sessions.*

*We hope that the meeting will promote friendship, exchange of ideas, opinions, discussion of cases and development of research projects that would ultimately advance the field and improve the management of our patients.*

*I hope you will enjoy the scientific program, the medieval atmosphere of the city with its ancient University (A.D. 1088), as well as the renowned Bologna cuisine.*



**Giovanni Barbara**  
Congress Chair



# IBS DAYS

*New insights for a better management of irritable bowel syndrome*



## CONGRESS CHAIR

**Giovanni Barbara**, *Italy*

## SCIENTIFIC COMMITTEE

**Vincenzo Stanghellini** - Chair, *Italy*

**Maria Raffaella Barbaro**, *Italy*

**Maura Corsetti**, *UK*

**Cesare Cremon**, *Italy*

**Giovanni Marasco**, *Italy*



# Opening Ceremony - Monday - June 20<sup>th</sup>

Palazzo Re Enzo

18.00 **Welcome**

**Giovanni Barbara**, Congress Chair, *University of Bologna*

**Vincenzo Stanghellini**, Scientific Committee Chair, *University of Bologna*

**Giovanni Molari**, Rector, *University of Bologna*

**Francesco Saverio Violante**, President, School of Medicine, *University of Bologna*

**Chiara Gibertoni**, General Director, IRCCS Policlinico St. Orsola, Bologna

**Pierluigi Viale**, Director, Department of Medical and Surgical Sciences,  
*University of Bologna*

**Gilberto Poggioli**, Director, Medical and Surgical Department of Digestive Hepatic  
and Endocrine Metabolic Diseases, IRCCS Policlinico St. Orsola, Bologna

18.30 **Lecture**  
*TBD*

19.30 **Welcome Cocktail**

# Program - Tuesday - June 21<sup>st</sup>

Plenary Session - Palazzo Re Enzo

07.00 **Registration**

08.00 **Program Overview**

Giovanni Barbara (Italy)

## **Session I - Rome Foundation Symposium**

Chairs: Jan Tack (USA), Vincenzo Stanghellini (Italy)

08.30 **The Global Burden of DGBI**

Magnus Simren (Sweden)

08.55 **Chronic Abdominal Pain**

Douglas Drossman (USA)

09.20 **Extra-Intestinal Comorbidities**

Lin Chang (USA)

10.05 **Coffee Break**

## **Session II - Clinical Entities and Diagnostic Process**

Chairs: Lin Chang (USA), Enrico Corazziari (Italy)

10.30 **The Diagnostic Process in the Difficult Patient:**

**How Much in Depth Should We Go?**

Brian Lacy (USA)

10.55 **Is IBS a Micro-Organic Disease?**

Giovanni Barbara (Italy)

11.20 **Boundaries Between IBS and Intestinal Organic Disease**

Eamonn Quigley (USA)

## **Session III - Brain to Gut – Gut to Brain**

Chairs: Magnus Simren (Sweden), Giovanni Barbara (Italy)

11.45 **Influence of Psychological Factors in IBS**

Laurie Keefer (USA)

12.10 **The Multi-Dimensional Pain Experience in Patients with IBS**

Qasim Aziz (UK)

12.35 **Bile Acid Malabsorption in IBS-D**

Michael Camilleri (USA)

13.00 **Lunch Break and Poster session**

**Poster session**

**Moderators**

Gabrio Bassotti (Italy)  
Gabriele Bazzocchi (Italy)  
Francesca Galeazzi (Italy)  
Paola Iovino (Italy)

## Program - Tuesday - June 21<sup>st</sup>

Workshop I – Oratorio di San Giovanni Battista dei Fiorentini

Chairs: Qasim Aziz (UK), Roberto De Giorgio (Italy)

14.30 **SPONSORED LECTURE**

15.00 **Cannabinoids and DGBI**

Giovanni Sarnelli (Italy)

15.25 **Motility: What are We Learning with HRM?**

Maura Corsetti (UK)

15.50 **Effect of Dietary Fibre on the Small and Large Intestine:  
Novel Insights from MRI**

Robin Spiller (UK)

16.15 **Update on H2020 DISCOVERIE Project**

Development, Diagnostic and Prevention of Gender-Related Somatic and Mental Comorbidities in IBS in Europe  
Javier Santos (Spain)

16.40 **Coffee Break**

**Free Paper Session**

Chairs: Robin Spiller (UK), Maura Corsetti (UK)

17.00 **Free Paper 1**

17.15 **Free Paper 2**

17.30 **Free Paper 3**

17.45 **Free Paper 4**

18.00 **Adjour**

20.30 **Social Dinner**

## Program - Tuesday - June 21<sup>st</sup>

Workshop II – Palazzo Re Enzo

Chairs: Mauro D'Amato (Italy), Cesare Cremon (Italy)

14.30 **SPONSORED LECTURE - Schwabe Pharma Italia**  
**Herbal Medicinal Treatment Options in DGBI**  
Ahmed Madisch (Germany)

15.00 **SPONSORED LECTURE**

15.25 **Wheat Immunogenic Proteins: Myths, Reality and Misconceptions**  
Elena Verdù (Canada)

15.50 **FODMAPs: Choosing Wisely**  
Enrico Corazziari (Italy)

16.15 **Probiotics: Current Evidence and Future Perspectives**  
Francisco Guarner Aguilar (Spain)

16.40 **Coffee Break**

### **Free Paper Session**

Chairs: Brian Lacy (USA), Maria Raffaella Barbaro (Italy)

17.00 **Free Paper 1**

17.15 **Free Paper 2**

17.30 **Free Paper 3**

17.45 **Free Paper 4**

18.00 **Adjour**

20.30 **Social Dinner**

## Program - Tuesday - June 21<sup>st</sup>

Workshop III – Auditorium Enzo Biagi - Sala Borsa

Chairs: Lin Chang (USA), Massimo Bellini (Italy)

14.30 **Communication Skills Workshop**  
Douglas Drossman (USA)

16.00 **Breath Testing in IBS**  
Daniel Pohl (Switzerland)

16.25 **UEG / ESNM Guidelines on Functional Bowel Disorders with Diarrhea**  
Edoardo Savarino (Italy), Giovanni Barbara (Italy)

16.50 ***Break (Coffee and refreshment available throughout)***

**Free Paper Session**

Chairs: Daniel Pohl (Switzerland), Guido Basilisco (Italy)

17.10 **Free Paper 1**

17.25 **Free Paper 2**

17.40 **Free Paper 3**

17.55 **Free Paper 4**

18.10 ***Adjour***

20.30 ***Social Dinner***



# Program - Wednesday - June 22<sup>nd</sup>

Plenary Session – Palazzo Re Enzo

## **Session IV - Infection**

Chairs: Francisco Guarner Aguilar (Spain), Marco Ventura (Italy)

08.00 **Highlights from Tuesday's Free Paper Sessions**

Robin Spiller (UK), Brian Lacy (USA), Daniel Pohl (Switzerland)

08.30 **Long COVID and DGBI**

Giovanni Marasco (Italy)

08.55 **Post-C. Difficile Gut Dysfunction: A Variant of PI-IBS**

Stephen Collins (Canada)

## **Session V - Genetics and Barriers**

Chairs: Javier Santos (Spain), Antonio Gasbarrini (Italy)

09.20 **Genetic Factors**

Mauro D'Amato (Italy)

09.45 **Leaky Gut: Triggers and Therapeutic Modulation**

Antonio Gasbarrini (Italy)

10.10 **The Vascular Barrier: New Player in the Gut-Brain Axis**

Maria Rescigno (Italy)

10.35 **Coffee Break**

## **Session VI - Microbiota**

Chairs: Stephen Collins (Canada), Patrizia Brigidi (Italy)

11.00 **The Microbiota-Brain Axis**

Premysl Bercik (Canada)

11.25 **Gut Microbiome, Diet and Symptoms**

Francisco Guarner Aguilar (Spain)

11.50 **FMT: State-of-the-Art and Future Indications**

Coleen Kelly (USA)

## **Session VII - Management**

Chairs: Eamonn Quigley (USA), Robin Spiller (UK)

12.15 **Current and Future Management of IBS-C**

Carmelo Scarpignato (Italy)

- 12.40 **Current and Future Management of IBS-D**  
Jan Tack (Belgium)
- 13.05 **Concluding Remarks and Awards for Best Abstracts**  
Giovanni Barbara (Italy)
- 13.15 **Lunch**

## **CONGRESS INFORMATION**

### **Congress Venues**

**June 20 - June 22, 2022**

**Opening Ceremony, Congress**

**PALAZZO RE ENZO**

Piazza del Nettuno, 1/C, Bologna - Italy

Tel. +39 051 6583111

<https://www.palazzoreenzo.com/>

**June 21, 2022**

**Congress and Workshops**

**PALAZZO RE ENZO**

Piazza del Nettuno, 1/C, Bologna - Italy

Tel. +39 051 6583111

<https://www.palazzoreenzo.com/>

**AUDITORIUM ENZO BIAGI**

**SALA BORSA**

Piazza del Nettuno, 3, Bologna - Italy

Tel. + 39 051 219 4400

**ORATORIO DI SAN GIOVANNI BATTISTA  
DEI FIORENTINI**

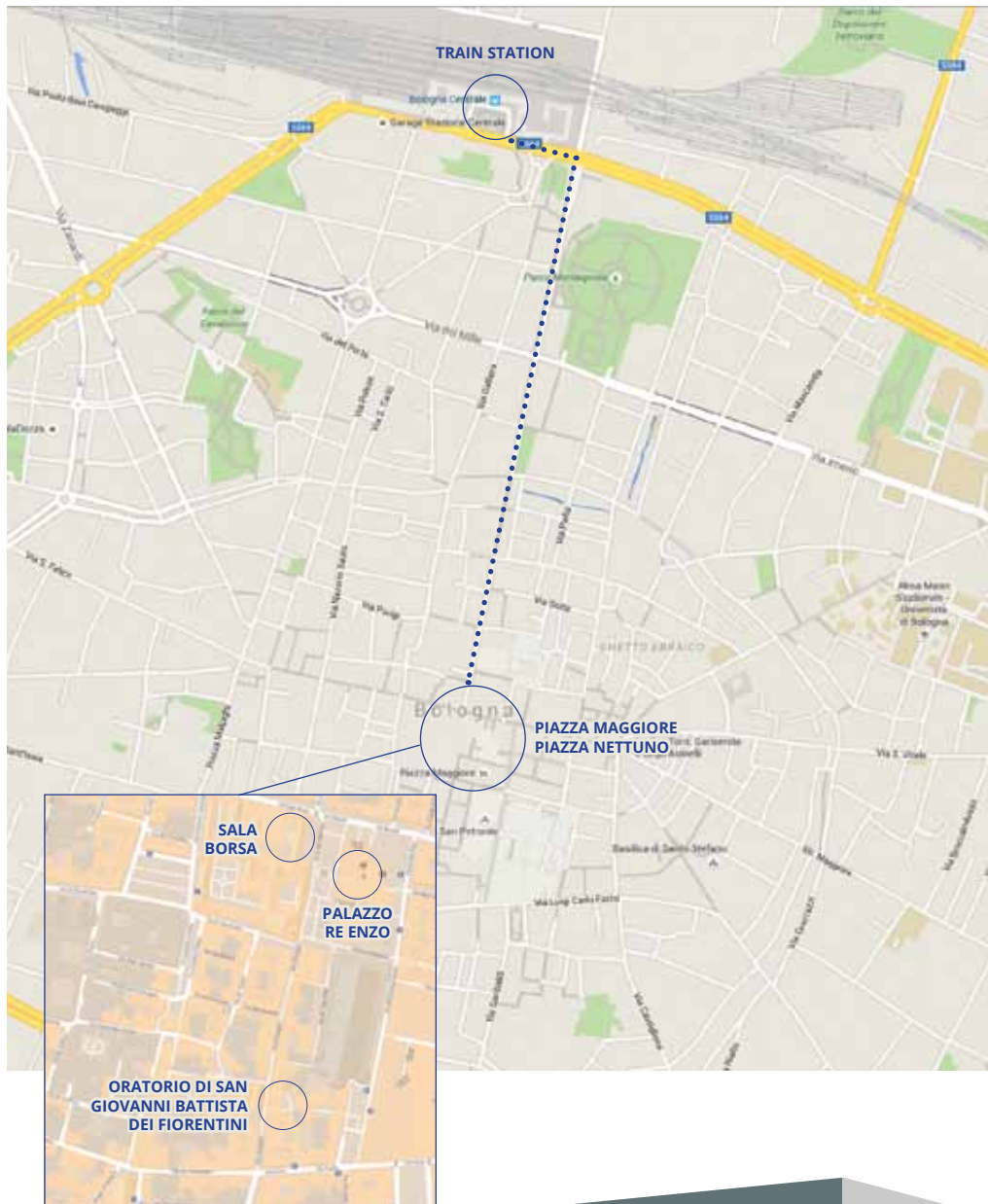
Corte de Galluzzi, 6, Bologna - Italy

Tel. +39 051 6571111

**PALAZZO RE ENZO**  
Piazza del Nettuno, 1/C  
Bologna - Italy  
Tel. +39 051 6583111

**AUDITORIUM ENZO BIAGI  
SALA BORSA**  
Piazza del Nettuno, 3  
Bologna - Italy  
Tel. + 39 051 219 4400

**ORATORIO DI SAN  
GIOVANNI BATTISTA  
DEI FIORENTINI**  
Corte de Galluzzi, 6,  
Bologna - Italy  
Tel. +39 051 6571111



## Congress Counter and Registrations

All congress materials and documentations are available at the Congress Counter which is located at the 1<sup>st</sup> floor of Palazzo Re Enzo.

### Opening Hours

The Congress Counter will be open at the following times:

Monday	June 20 <sup>th</sup> , 2022	from 13.00 to 19.30
Tuesday	June 21 <sup>st</sup> , 2022	from 7.00 to 18.00
Wednesday	June 22 <sup>nd</sup> , 2022	from 7.30 to 16.00

During the opening hours the Congress Secretariat can be contacted at:

Mobile Phone +39 346 0394052

Contact person: Michela Gorgoglione

### REGISTRATION FEES

Registration fee option	Early Fee until February 28 <sup>th</sup> , 2022	Late Fee after February 28 <sup>th</sup> , 2022
<b>Regular Participant Fellow*</b>	549,00 € 244,00 €	671,00 € 366,00 €
<b>Accompanying Person**</b>	185,00 €	185,00 €

The registration fee includes: 22% VAT, Admittance to scientific sessions, Access to exhibition area, Congress kit, Lunch breaks, Coffee breaks, Italian CME Certificate and Certificate of Attendance, Admittance to Opening Ceremony and Cocktail (June 20<sup>th</sup>) and Social Dinner (June 21<sup>st</sup>).

(\*) Applicants must be under 40 years of age and a certificate from the supervisor or Head of Department must be forwarded by email to [m.gorgoglione@planning.it](mailto:m.gorgoglione@planning.it) together with the registration fee payment receipt.

(\*\*) Accompanying Persons are people who will accompany the participants at the conference. Accompanying persons will not be admitted to attend the Scientific Programme. The registration fee includes Opening Ceremony, Cocktail (June 20<sup>th</sup>) and Social Dinner (June 21<sup>st</sup>).

### On-site Registration

On-site registration will be processed on a first-come, first serve basis. Priority will be given to pre-registered delegates. Please note that depending on the number of on-site registered delegates, availability of congress material may be limited.

## **Cancellation policy**

All amendments or cancellations should be submitted by email to Planning Congressi S.r.l.. The cancellation will be accepted within May 10<sup>th</sup>, 2022. Before this date the 50% of the amount will be refunded. Please note that bank administration fee will not be reimbursed. No refund will be made for cancellations received after May 10<sup>th</sup>, 2022.  
ALL THE REIMBURSEMENTS WILL BE MADE AFTER THE CONGRESS.

## **Italian Continuing Medical Education (CME)**

Planning Congressi S.r.l. is a CME provider - identification code no. 38 - and has assigned to the event no. 38-XXXXX no. XX credits for Physicians of the following disciplines:

Gastroenterology  
Internal Medicine  
Clinical Pharmacology and Toxicology  
Paediatric (Paediatricians)  
Epidemiology  
Family Medicine  
Clinical Pathology (Clinical Chemistry Laboratory and Microbiology).

*Please be aware that for the acquisition of credits it is mandatory to have attended the 90% of the whole duration of the congress and selected at least the 75% of correct answers of the CME questionnaire.*

## **Name Badges**

Participants are asked to wear their name badge at all times during the congress. The colours of the name badges have the following meaning:

Faculty:	orange
Participants:	blue
Accompanying persons:	pink
Exhibitors:	green
Staff:	red

## **Congress Language**

The official language of the congress is English. Please note that the simultaneous translation from English into Italian will be provided.

## **Certificate of Attendance**

A certificate of attendance will be handed out upon request at the Organizing Secretariat counter at the end of the Congress. Please note that the Italian CME certificate will be sent by email by 90 days.

## **Abstracts**

Abstracts of all lectures will be uploaded on a USB Flash Drive and will be delivered together with the congress material.

## **Posters:**

Posters will be available for viewing starting from June 21<sup>st</sup>, 2022 at 9:00 am, they will be discussed on June 21<sup>st</sup>, 2022 during the Lunch Break and can be available for viewing also on June 22<sup>nd</sup>, 2022 until the end of the Meeting.

## **Program Changes**

The organizers cannot assume liability for any changes in the conference programme due to external or unforeseen circumstances.

## **Speaker Centre**

The Speakers' Centre is located at the 1<sup>st</sup> floor of Palazzo Re Enzo.

Speakers are kindly asked to bring an USB Flash drive containing the Power Point presentation preferably one day before their talk, but at the latest three hours prior their talk.

Due to time and technical reasons, we kindly ask the speakers not to use their own notebook.

## **Opening Hours**

The Speakers' Centre will be open at the following times:

Monday	June 20 <sup>th</sup> , 2022	from 13:00 to 15:30
Tuesday	June 21 <sup>st</sup> , 2022	from 7:00 to 18:00
Wednesday	June 22 <sup>nd</sup> , 2022	from 7:30 to 16:00

## **Mobile Phones**

Participants are kindly requested to keep their own mobile phones turned off while attending the scientific sessions in the meeting room. Photos or video recording of the meeting is strictly prohibited.

### **Cloakroom**

A cloakroom can be used free of charge from June 20<sup>th</sup> to June 22<sup>nd</sup>, 2022. Participants can also store therein their luggage. The cloakroom is located at the 1<sup>st</sup> floor of Palazzo Re Enzo.

### **Lunches**

Lunches will be served free of charge for all registered participants at the scheduled time on June 21<sup>st</sup> and June 22<sup>nd</sup>.

### **Coffee breaks**

Coffee and tea will be served free of charge for all registered participants during morning and afternoon breaks provided on June 21<sup>st</sup> and June 22<sup>nd</sup>.

### **Insurance/Liability**

The organizers does not accept any liability for damages and/or loss of any kind which may be incurred by the congress participants or by any person accompanying them during the congress official activities.

Participants are therefore advised to take out insurance against loss, accident or damage that could be incurred during the congress.

## **Organizing Secretariat – CME Provider**



## **PLANNING**

### **Planning Congressi S.r.l.**

Via Guelfa, 9 - 40138 Bologna (Italy)

Phone +39 051 300100

Mobile +39 346 0394052

Fax +39 051 309477

Contact person: Michela Gorgoglione

E-mail: [m.gorgoglione@planning.it](mailto:m.gorgoglione@planning.it)

[www.planning.it](http://www.planning.it)



# IBS DAYS

*New insights for a better management of irritable bowel syndrome*